

**Name: Dr. Mrs. Mamta Madnaik**

**Clinic: 'Aabha' Ayurvedic Panchakarma Hospital  
S-6, Silver Oak Park, MSEB Road,  
Vishrambag, Sangli. pin: 416415 MS, India.**

**Contact No: 91-988 1627 988**

**E-mail: mamtamadnaik@gmail.com**

**Education :**

- ❖ B.A.M.S. (Tilak Ayurved Mahavidyalaya, Pune)
- ❖ M.Sc. Biotechnology.
- ❖ Hands on training of UTTAR BASTI by Dr.Vanita Rege madam at Sion Ayurved Mahavidyalaya, Mumbai.
- ❖ D.Y.Th. (Kundalini Yoga Research Institute, Lukhnaw)
- ❖ Diploma Of Keraleeya Panchakarma (Arya Vaidya Shala, Kottakal, Kerala)
- ❖ Certificate course of Panchakarma (SNA Oushadhashala, Thrissur, Kerala)
- ❖ Yoga Instructor's course( YIC), Swami Vivekanand Yoga University, Bangalore.
- ❖ Training of Neurophysiological disorders and Yoga Managements—conducted by ICMR at SVYASA.

**Profession : Ayurvedic Consultant Physician**

**Panchakarma expert**

**Yoga Teacher**

**Ayurvedic Garbhasanskar.**

**Experience :**

- ❖ Working as an Ayurvedic Physician, Panchakarma Expert, Yoga Teacher; since 23 years.
- ❖ Former Vice President of 'Ayurved Vyaspeeth', Western zone, Maharashtra.
- ❖ Worked at NIMHANS.
- ❖ Conducted many workshops & lectures on 'Ayurvedic Garbhasanskar.' (Individually & In association with renowned organization 'SAKAL' Papers pvt. Ltd.)

- ❖ Personalised training programs for pregnant ladies through Ayurved & Yoga.
- ❖ Workshops for Adolescent girls through 'Kali Umalatana'
- ❖ Experience of treating many cases of Female Infertility, PCOS, Menstrual disorders & Menopausal syndrome.
- ❖ Delivered Lecture on a unique subject 'stree Shukra' in National seminar at D. Y. Patil Ayurved college, Mumbai.
- ❖ Lectures for elderly ladies creating awareness regarding 'How to handle problems of Menopause.'
- ❖ Wrote many articles in News papers & periodicals regarding various subjects of Ayurveda, especially on Woman health.
- ❖ Awarded & felicitated by many ladies groups & NGO's for work in field of Woman health.
- ❖ Running a separate clinic dedicated to woman Infertility & woman health 'Narayani clinic.'
- ❖ Use of self prepared classical Ayurvedic medicines for own practice. (Aushadhi nirman)

Awards : 1. 'Dhanvantari Award' in 2019 by Arogya Bharati.  
2. Award for Research paper at ICMR & SVYASA, Bangluru.